

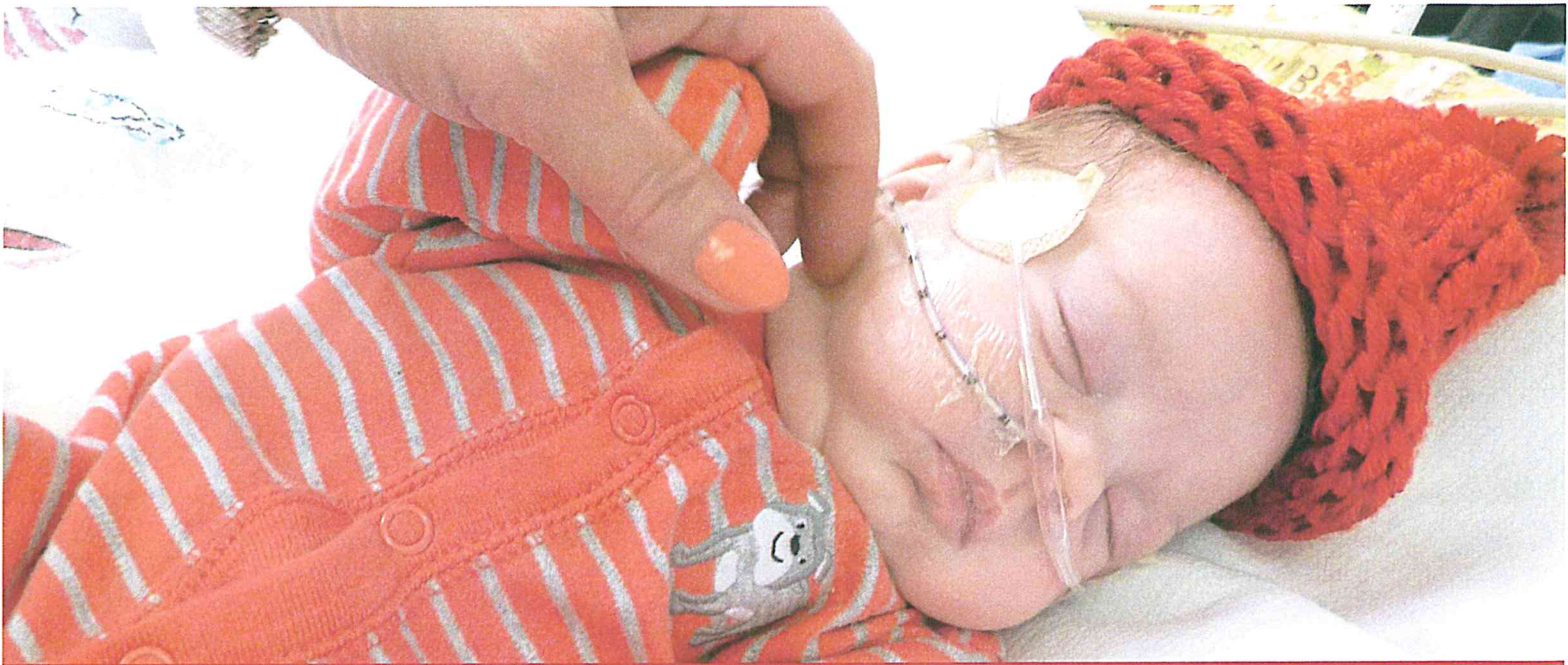
The attached document was submitted to the **Washoe County Board of Commissioners** during the meeting

held on March 28, 2017

by St. Mary's

for Agenda Item No. #7

and included here pursuant to NRS 241.020(7) as amended by AB65 of the 2013 Legislative Session.



# LITTLE HATS. BIG HEARTS.

Saint Mary's has partnered with the American Heart Association and is collecting handmade red hats to be given to every baby born at Saint Mary's Regional Medical Center. In doing so, we hope to raise awareness of heart disease and congenital heart defects while educating on the importance of heart health from birth to senior.

## HOW TO GET INVOLVED

### Donate Materials

If you crochet or knit, create your own little red hats to donate to the program. We also accept red yarn donations.

### Tell a Friend

Don't knit? Tell someone that may wish to be involved!

### Share Your Story

Do you have a story to share with us about living with a heart condition, or a child that was born with a heart condition? We would love to hear your story.

### #SMLittlehats

Take a picture of your child in their little red hat, post to Facebook and tag @SaintMarysReno with hashtag #SMLittlehats.

For more information or to donate contact  
Lauren Lake at [llake1@primehealthcare.com](mailto:llake1@primehealthcare.com) or visit  
[SaintMarysReno.com/SMLittleHats](http://SaintMarysReno.com/SMLittleHats)



*BCC 3-28-17 #7  
St. Mary's Health Network*



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American  
**Heart**  
Association®

**life** is why™

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Saint Mary's Health Network



# LITTLE HATS. **BIG HEARTS.**

EVERY BABY born at Saint Mary's will receive a little red hat.

Local VOLUNTEERS knit and crochet hats for the cause.

Raises AWARENESS of heart disease and congenital heart defects.

I will be raising both  
of my children to  
know what it means  
to be heart healthy.

-Dr. Bayo Curry-Winchell



LITTLE HATS.



BIG HEARTS.

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Healthy For Good™





This month we will **MOVE MORE** and get Healthy For Good!

EAT SMART.  
ADD COLOR.  
**MOVE MORE.**  
BE WELL.  
**#HealthyForGood**

4-week CHALLENGE  
with weekly winners begins  
April 5!

Encourages companies to  
create healthy work  
environments.

#MoveMore  
APRIL 5 at 12 p.m.  
Walk 1-mile with  
Saint Mary's at our campus.

Learn more at [SaintMarysReno.com/MoveMore](http://SaintMarysReno.com/MoveMore)



THANK YOU FOR  
YOUR SUPPORT!

*QUESTIONS & ANSWERS*



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