

# WASHOE COUNTY

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# STAFF REPORT BOARD MEETING DATE: January 12, 2016

CM/ACM/ Finance MM DA\_DW Risk Mgt. DE HR\_Y21 Other\_\_\_\_\_

TO: Board of County Commissioners

FROM: John Listinsky, Director of Human Resources/Labor Relations 328-2089 jlistinsky@washoecounty.us

THROUGH: Joey Orduna Hastings, Assistant County Manager 328-2000 jhastings@washoecounty.us

**SUBJECT:** Recommendation to approve revision of the Washoe County Self-Funded Group Health Insurance Plans Plan Document effective retroactive to January 1, 2016 to remove exclusions for therapy or counseling, medications, hormone therapy as it relates to members diagnosed as transsexual or with gender dysphoria; and authorize Director of Human Resources/Labor Relations to execute same. (No fiscal impact) (All Commission Districts.)

# **SUMMARY**

Recommendation to approve revision of the Washoe County Self-Funded Group Health Insurance Plans Plan Document retroactive to January 1, 2016 to remove exclusions for therapy or counseling, medications, hormone therapy as it relates to members diagnosed as transsexual or with gender dysphoria.

This item is effective retroactively to January 1, 2016 to coincide with the new health plan year.

Washoe County Strategic Objective supported by this item: Valued, Engaged Employee Workforce

## PREVIOUS ACTION

On November 10, 2015, the BCC acknowledged the overview of the current Employee Health Benefits Program and presentation of options for consideration for a sustainable future of the Health Benefits Fund.

## BACKGROUND

The Washoe County Self-Funded Preferred-Provider Organization (PPO) and High Deductible Health Plan (HDHP) share a Plan Document to include the same eligible medical expenses and ineligible medical expenses. As described in the Plan Document, current excluded services include therapy or counseling, medications, and hormone therapy for transsexual and gender dysphoric members.



These exclusions, as written, are considered discriminatory language which must be removed. Services provided to some members cannot be excluded for other members based on gender identity or expression.

CVS/Caremark, Washoe County's pharmacy benefit manager for prescription drug coverage for both the PPO and HDHP covers medications and hormone therapy. CVS/Caremark does not require notification of the medical diagnosis prior to filling a member's prescription; there is no coordination between the pharmacy benefits and medical plan document. Therefore, members with sex-related disorders currently have access to and may already be receiving medications and hormone therapy.

#### FISCAL IMPACT

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The fiscal impact of the addition of therapy and counseling for those members diagnosed as transsexual or with gender dysphoria would be minimal and inconsequential to the overall budget.

#### **RECOMMENDATION**

Recommendation to approve revision of the Washoe County Self-Funded Group Health Insurance Plans Plan Document effective retroactive to January 1, 2016 to remove exclusions for therapy or counseling, medications, hormone therapy as it relates to members diagnosed as transsexual or with gender dysphoria; and authorize Director of Human Resources/Labor Relations to execute same.

### **POSSIBLE MOTION**

Should the Board agree with staff's recommendation, a possible motion would be:

Move to approve revision of the Washoe County Self-Funded Group Health Insurance Plans Plan Document effective retroactive to January 1, 2016 to remove exclusions for therapy or counseling, medications, hormone therapy as it relates to members diagnosed as transsexual or with gender dysphoria; and authorize Director of Human Resources/Labor Relations to execute same.