

Ongoing Activities

Lunch Served Daily

Monday-Friday: 11:15am-12:30pm

MAP - Medicare Counseling

Monday-Tuesday: 11am-2pm

Wednesday: 10am-12pm

Texas Hold 'Em

Monday-Friday: 8am-11am

Stretch & Tone Exercise

Monday, Wednesday, and Friday:

9am-10am

Bingo

Monday, Wednesday, and Friday:

12pm-1:30pm

Catholic Charities Benefit

Enrollment

Wednesday 10am-12pm

Bean Bag Baseball

Tuesday & Friday: 1:30pm-4pm

Ukulele Group

Monday: 2pm-4pm

Crochet Club

Tuesday: 9am-11am

Grumpy Old Men -Big Band Live

Wednesday: 10:15am-11:30am

Scrabble

Wednesday: 10am-1pm

Mahjong

Thursday: 12pm-3pm

Line Dancing and Lessons

Thursday: 1pm-3:30pm



HUMAN SERVICES
AGENCY

October 2023

Washoe County Senior Center

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2	3	4	5	6	7
		Saint Mary's Hospice Grief Group. 1pm-3pm in the Game Room	Senior Advisory Board Meeting 3pm in the Game Room or attend via Zoom		Senior Coalition Meeting 8:30am	
8	9	10	11	12	13	14
15	16	17	18	19	20	21
		POA/Estate Planning: 11am-12am Saint Mary's Hospice Grief Group: 1pm-3pm			Birthday Friday! 	
22	23	24	25	26	27	28
					Nevada Day! Senior center will be closed	
29	30	31				
		Halloween! 				